

# ESEA Crop Growing Guide



**Yard Long Beans**

Đậu dũa  
Batong

<b>TYPE</b>	Bean
<b>CONDITIONS TRIALED</b>	Polytunnel Yes



**Hyacinth Bean**

Đậu ván  
Bitaw

<b>TYPE</b>	Bean
<b>CONDITIONS TRIALED</b>	Outdoors/Polytunnel Yes



**Winged Beans**

Đậu rỗng  
Cigarillas

<b>TYPE</b>	Bean
<b>CONDITIONS TRIALED</b>	Polytunnel Yes*



**Soy Bean**

Đậu nành/Đậu tương  
Utaw

<b>TYPE</b>	Bean
<b>CONDITIONS TRIALED</b>	Outdoors/Polytunnel Yes



**Mung Bean**

Đậu xanh  
Monggo

<b>TYPE</b>	Bean
<b>CONDITIONS TRIALED</b>	Polytunnel No



**Papaya**

Đu đủ  
Kapayas

<b>TYPE</b>	Fruit
<b>CONDITIONS TRIALED</b>	Polytunnel No



**Bitter Melon**

Mướp đắng/Khổ qua  
Ampalaya/Paliya/Paliya

<b>TYPE</b>	Gourd
<b>CONDITIONS TRIALED</b>	Outdoors/Polytunnel Yes



**Chayote**

Su su  
Sayote

<b>TYPE</b>	Gourd
<b>CONDITIONS TRIALED</b>	Outdoors/Polytunnel Yes



**Pumpkin**

Bí ngô  
Kalabasa

<b>TYPE</b>	Gourd
<b>CONDITIONS TRIALED</b>	Outdoors Yes



**Wax Gourd**

Bí đao  
Kundol

<b>TYPE</b>	Gourd
<b>CONDITIONS TRIALED</b>	Outdoors/Polytunnel Yes

\*Grown unsuccessfully

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**Snake Gourd**  
Lặc lè

<b>TYPE</b>	Gourd
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Luffa**  
Mướp hương  
Patola/Sikwa

<b>TYPE</b>	Gourd
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Bottle Gourd**  
Bầu bí  
Upo/Tambaliyong

<b>TYPE</b>	Gourd
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Cucumber**  
Dưa chuột  
Pipino

<b>TYPE</b>	Gourd
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Perilla**  
Tiá tó

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Roselle**  
Búp giấm  
Labog

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Vietnamese Coriander**  
Rau răm

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Coriander**  
Rau mùi  
Wansoy

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Mint**  
Húng lủi/Bạc hà  
Hamutan

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Thai Basil**  
Húng quế  
Sang-ig

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes

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**Lemongrass**  
Sả  
Tanglad

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Spring Onions**  
Hành lá  
Sibuyas dahon

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Turmeric**  
Cây nghệ  
Luy-ang Dalag

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Ginger**  
Gừng  
Luy-a

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Fish Mint**  
Diếp cá

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Pond
<b>TRIALED</b>	Yes



**Betel Leaf**  
Lá lốt  
Buyo

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Indoors
<b>TRIALED</b>	No



**Vietnamese Balm**  
Kinh giới

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	No



**Rice Paddy Herb**  
Ngò ôm  
Angi-angi

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	No



**Pepper Elder**  
Rau càng cua  
Olasiman ihalas/Sinaw sinaw

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	No



**Galangal**  
Riềng  
Langkawas

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	No

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**Sesame**  
Cây mè  
Linga/Lunga

<b>TYPE</b>	Herb
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes*



**Jute Mallow/Molokhia**  
Rau day  
Saluyot

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes*



**Malabar Spinach**  
Mồng tơi  
Alugbati/Bati

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Lettuce**  
Xà lách  
Letsugas

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Water Spinach**  
Rau muống  
Kangkung/Tangkong

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Moringa**  
Chùm Ngây  
Malunggay/Kalamungay/Kamungay

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes*



**Pakchoi**  
Cải thìa/Cải chíp  
Pechay

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Watercress**  
Cải xoong

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Pond
<b>TRIALED</b>	Yes



**Kohlrabi**  
Su hào

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Outdoors
<b>TRIALED</b>	Yes



**Sweet Potato Leaves**  
Rau lang/Rau khoai lang  
Udlot/Talbos sa kamote

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes

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**Chrysanthemum Greens**

Cải cúc

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Amaranth**

Rau dền  
Kudjapa/Kulitis

<b>TYPE</b>	Leafy Green
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Eggplant**

Cà tím  
Talong

<b>TYPE</b>	Nightshade
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Tomato**

Cà chua  
Kamatis

<b>TYPE</b>	Nightshade
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Chili**

Ớt  
Sili

<b>TYPE</b>	Nightshade
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Bell Pepper**

Ớt chuông/Ớt ngọt  
Atsal

<b>TYPE</b>	Nightshade
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes



**Okra**

Đậu bắp  
Okra

<b>TYPE</b>	Other
<b>CONDITIONS</b>	Polytunnel
<b>TRIALED</b>	Yes*



**Carrot**

Cà rốt  
Karot

<b>TYPE</b>	Root
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes



**Garlic**

Tỏi  
Bawang/Ahos

<b>TYPE</b>	Root
<b>CONDITIONS</b>	Outdoors
<b>TRIALED</b>	Yes



**Onion**

Củ hành  
Sibuyas

<b>TYPE</b>	Root
<b>CONDITIONS</b>	Outdoors/Polytunnel
<b>TRIALED</b>	Yes

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**Daikon**  
Củ cải trắng  
Labanos

<b>TYPE</b>	<i>Root</i>
<b>CONDITIONS</b>	<i>Outdoors/Polytunnel</i>
<b>TRIALED</b>	<i>Yes</i>



**Sweet Potato**  
Khoai lang  
Kamote

<b>TYPE</b>	<i>Root</i>
<b>CONDITIONS</b>	<i>Polytunnel</i>
<b>TRIALED</b>	<i>Yes</i>



**Taro**  
Khoai môn  
Gabi

<b>TYPE</b>	<i>Root</i>
<b>CONDITIONS</b>	<i>Polytunnel</i>
<b>TRIALED</b>	<i>Yes</i>

*\*Grown unsuccessfully*